

# DIESE WOCHE FRISCH GEKOCHT | 17.09.2018 - 21.09.2018

	MONTAG 17.09.	DIENSTAG 18.09.	MITTWOCH 19.09.	DONNERSTAG 20.09.	FREITAG 21.09.	Preise in € inkl.MWST
ECO 1	<p>Kokos-Ingwer-Suppe (A,G,H,L) Brokkoli-Strudel   Butter-Erdäpfel   Kräuter-Rahm (A,C,G,L) - kcal448 Beilagensalat</p> <p>Coconut ginger soup (A,G,H,L) Broccoli strudel   Buttered potatoes   Herbal cream (A,C,G,L) - kcal448 Salad</p>	<p>Frittattensuppe (A,C,G,L) Himbeer-Mascarpone-Palatschinken (A,C,G) - kcal850 Vanille-Marashino-Sauce</p> <p>Soup with sliced pancakes (A,C,G,L) Raspberry mascarpone pancakes (A,C,G) - kcal850 Vanilla maraschino sauce</p>	<p>Paprika-Rahmsuppe (A,G,L) Bio-Quinoa   mediterranes Gemüse   Kräuter (L) - kcal410 Beilagensalat</p> <p>Pepper cream soup (A,G,L) Organic quinoa   Mediterranean vegetables   Herbs (L) - kcal410 Salad</p>	<p>Klare Gemüsesuppe &amp; Buchweizen (L) Eiernockerl   Frischer Schnittlauch (A,C,G,L,M,O) - kcal697 Rote Rüben</p> <p>Clear vegetable soup &amp; buck wheat (L) Small dumplings with eggs   Fresh chives (A,C,G,L,M,O) - kcal697 Red beet</p>	<p>Kräuter-Cremesuppe (A,G,L) Champignonsauce   Semmelknödel   Sauerrahm   frische Petersilie (A,C,G,L) - kcal687 Beilagensalat</p> <p>Herbal cream soup (A,G,L) Champignon sauce   Bread dumpling   Sour cream   fresh parsley (A,C,G,L) - kcal687 Salad</p>	5,60
ECO 2	<p>Kokos-Ingwer-Suppe (A,G,H,L) Faschierte Laibchen   Erdäpfelpüree   Jus &amp; Röstzwiebel (A,C,G,L) - kcal850 Beilagensalat</p> <p>Coconut ginger soup (A,G,H,L) Rissoles   Mashed potatoes   Gravy &amp; fried onions (A,C,G,L) - kcal850 Salad</p>	<p>Frittattensuppe (A,C,G,L) Hühnerbrust   Zucchini-Gemüse   Reis (A,G,L) - kcal655 Beilagensalat</p> <p>Soup with sliced pancakes (A,C,G,L) Chicken breast   Zucchini vegetables   Rice (A,G,L) - kcal655 Salad</p>	<p>Paprika-Rahmsuppe (A,G,L) Hühnerschnitzel gebacken   Butterreis oder Petersil-Erdäpfel   Preiselbeeren (A,C,G) - kcal841 Beilagensalat</p> <p>Pepper cream soup (A,G,L) Wiennese escalope of chicken   Rice with butter OR potatoes with parsley   Cranberries (A,C,G) - kcal841 Salad</p>	<p>Klare Gemüsesuppe &amp; Buchweizen (L) Chili con carne vom Rind   Gebäck (A,F,L,O) - kcal800 Beilagensalat</p> <p>Clear vegetable soup &amp; buck wheat (L) Chili con carne (beef)   Bread roll (A,F,L,O) - kcal800 Salad</p>	<p>Kräuter-Cremesuppe (A,G,L) Gebackenes Fischfilet   Petersil-Erdäpfel   Sauce Tartare (A,C,D,L,M,O) - kcal745 Beilagensalat</p> <p>Herbal cream soup (A,G,L) Breadcrumbs &amp; fried fish filet   Parsley potatoes   Tartare sauce (A,C,D,L,M,O) - kcal745 Salad</p>	6,00
PIZZA	<p>Pizza Margherita   Tomatensauce   Mozzarella Pizza Salami   Tomatensauce   Mozzarella   Salami Pizza Tonno   Tomate   Mozzarella   Thunfisch   Oliven Pizza Margherita   tomato sauce   Mozzarella Pizza Salami   tomato sauce   Mozzarella   Salami Pizza Tonno   Tomato   Mozzarella   Tuna   Olives</p>	<p>Pizza Margherita   Tomatensauce   Mozzarella Pizza Provençiale   Tomatensauce   Speck   Pfefferoni   Mais Pizza Tonno   Tomate   Mozzarella   Thunfisch   Oliven Pizza Margherita   tomato sauce   Mozzarella Pizza Provençiale   tomato sauce   bacon   peperoni   corn Pizza Tonno   Tomato   Mozzarella   Tuna   Olives</p>	<p>Pizza Margherita   Tomatensauce   Mozzarella Pizza Prosciutto   Tomatensauce   Mozzarella   Rohschinken   Rucola Pizza Tonno   Tomate   Mozzarella   Thunfisch   Oliven Pizza Margherita   tomato sauce   Mozzarella Pizza Prosciutto   tomato sauce   Mozzarella   Prosciutto   rocket Pizza Tonno   Tomato   Mozzarella   Tuna   Olives</p>	<p>Pizza Margherita   Tomatensauce   Mozzarella Pizza Cardinale   Tomatensauce   Schinken   Mais Pizza Tonno   Tomate   Mozzarella   Thunfisch   Oliven Pizza Margherita   tomato sauce   Mozzarella Pizza Cardinale   tomato sauce   ham   corn Pizza Tonno   Tomato   Mozzarella   Tuna   Olives</p>	<p>Pizza Margherita   Tomatensauce   Mozzarella Pizza Diavolo   Tomatensauce   Salami   Kirschkpfefferoni   Tabasco Pizza Tonno   Tomate   Mozzarella   Thunfisch   Oliven Pizza Margherita   tomato sauce   Mozzarella Pizza Diavolo   tomato sauce   Salami   Jalapenos   Tabasco Pizza Tonno   Tomato   Mozzarella   Tuna   Olives</p>	5,40 6,20 6,20
YUMMY	<p>Spaghetti oder Penne   Bolognese oder Pomodoro (A,C,G,O) - kcal617/512 Gnocchi   Kürbis-Sauce   geröstete Kerne   Bergkäse (A,C,G,L) - kcal710 Spaghetti or Penne   Bolognese or Pomodoro (A,C,G,O) Gnocchi   Pumpkin sauce   Roasted pumpkin seeds   Mountain cheese (A,C,G,L) - kcal710</p>	<p>Lasagne al Forno   Fleischragout   Mozzarella gratiniert - kcal812 Lasagna al Forno   Meat ragout   Mozzarella gratinéed</p>	<p>Spaghetti oder Penne   Bolognese oder Pomodoro (A,C,G,O) - kcal617/512 Gnocchi   Kürbis-Sauce   geröstete Kerne   Bergkäse (A,C,G,L) - kcal710 Spaghetti or Penne   Bolognese or Pomodoro (A,C,G,O) Gnocchi   Pumpkin sauce   Roasted pumpkin seeds   Mountain cheese (A,C,G,L) - kcal710</p>	<p>Spaghetti oder Penne   Bolognese oder Pomodoro (A,C,G,O) - kcal617/512 Gnocchi   Kürbis-Sauce   geröstete Kerne   Bergkäse (A,C,G,L) - kcal710 Spaghetti or Penne   Bolognese or Pomodoro (A,C,G,O) Gnocchi   Pumpkin sauce   Roasted pumpkin seeds   Mountain cheese (A,C,G,L) - kcal710</p>	<p>Spaghetti oder Penne   Bolognese oder Pomodoro (A,C,G,O) - kcal617/512 Gnocchi   Kürbis-Sauce   geröstete Kerne   Bergkäse (A,C,G,L) - kcal710 Spaghetti or Penne   Bolognese or Pomodoro (A,C,G,O) Gnocchi   Pumpkin sauce   Roasted pumpkin seeds   Mountain cheese (A,C,G,L) - kcal710</p>	5,50 6,00 6,20 Lasagne
GREEN	<p>Salatmix Classic   Mediterran   East   Taco-Mix Topping I: Tomaten, Gurken, Oliven... Topping II: Avocado, Thunfisch, Feta... Topping III: Hühnerstreifen geb./natur+B31:B47 Wraps mit Füllung nach Wahl   Caesar's Salatmix Classic   Mediterran   East   Taco-Mix Topping I: tomato, cucumber, olives ... Topping II: avocado, tuna, feta cheese... Topping III: grilled &amp; fried chicken Wraps with filling of your choice   Caesar's</p>	<p>Salatmix Classic   Mediterran   East   Taco-Mix Topping I: Tomaten, Gurken, Oliven... Topping II: Avocado, Thunfisch, Feta... Topping III: Hühnerstreifen geb./natur Wraps mit Füllung nach Wahl   Caesar's Salatmix Classic   Mediterran   East   Taco-Mix Topping I: tomato, cucumber, olives ... Topping II: avocado, tuna, feta cheese... Topping III: grilled &amp; fried chicken Wraps with filling of your choice   Caesar's</p>	<p>Salatmix Classic   Mediterran   East   Taco-Mix Topping I: Tomaten, Gurken, Oliven... Topping II: Avocado, Thunfisch, Feta... Topping III: Hühnerstreifen geb./natur Wraps mit Füllung nach Wahl   Caesar's Salatmix Classic   Mediterran   East   Taco-Mix Topping I: tomato, cucumber, olives ... Topping II: avocado, tuna, feta cheese... Topping III: grilled &amp; fried chicken Wraps with filling of your choice   Caesar's</p>	<p>Salatmix Classic   Mediterran   East   Taco-Mix Topping I: Tomaten, Gurken, Oliven... Topping II: Avocado, Thunfisch, Feta... Topping III: Hühnerstreifen geb./natur Wraps mit Füllung nach Wahl   Caesar's Salatmix Classic   Mediterran   East   Taco-Mix Topping I: tomato, cucumber, olives ... Topping II: avocado, tuna, feta cheese... Topping III: grilled &amp; fried chicken Wraps with filling of your choice   Caesar's</p>	<p>Salatmix Classic   Mediterran   East   Taco-Mix Topping I: Tomaten, Gurken, Oliven... Topping II: Avocado, Thunfisch, Feta... Topping III: Hühnerstreifen geb./natur Wraps mit Füllung nach Wahl   Caesar's Salatmix Classic   Mediterran   East   Taco-Mix Topping I: tomato, cucumber, olives ... Topping II: avocado, tuna, feta cheese... Topping III: grilled &amp; fried chicken Wraps with filling of your choice   Caesar's</p>	4,30 0,55 0,95 1,95 5,40
GLOBAL	<p>Gegrilltes Barschfilet   Kürbis-Rahmgemüse   Vollkorn-Reis (A,D,G) - kcal720 Grilled perch fillet   Pumpkin cream vegetables   Brown rice (A,D,G) - kcal720</p>	<p>Hühner WOK   Nudeln oder Reis   Gemüse   <b>Teppanyaki Sauce oder Sweet Chili</b> Chicken WOK   Noodles or rice   Vegetables   <b>Teppanyaki sauce or Sweet Chili</b></p>	<p>Knusprige Baby-Stelze   Senf &amp; Kren   Krautsalat   Hausbrot (A,M,O) - kcal970 Crispy baby knuckle of pork   Mustard &amp; horseradish   Cabbage salad   Bread (A,M,O) - kcal970</p>	<p>Veggie Burger   Gemüse-Patty   Pommes (A,C,F,G,M) - kcal812 Veggie burger   Vegetable patty   French fries (A,C,F,G,M) - kcal812 Mensa Burger   Beef   Cheddar   BBQ-Sauce   Pommes (A,C,G,M) - kcal1102 Mensa burger   Beef   Cheddar   BBQ-sauce   French fries (A,C,G,M) - kcal1102</p>	<p>Chicken Wings 'Hot&amp;Spicy'   Mango-Chutney   Dollarchips (A,F,L) - kcal880 Chicken Wings 'Hot&amp;Spicy'   Mango chutney   Potato chips (A,F,L) - kcal880</p>	5,90 6,20

### Öffnungszeiten

Montag - Freitag 8:30 - 17:00 Uhr  
Mittagessen 11:00 - 15:00 Uhr

### Kontaktdaten

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